



Sir Ellis Kadoorie (S) Primary School

9 Eastern Hospital Road, Sookunpo, Hong Kong

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9th March 2021
Circular No. 31/20-21


To parents and guardians,

Talk for Parents – Take Care of Emotional Health

Parents are invited to join a talk conducted by Mr Ron Lam - our Education Psychologist. The topic of the talk is “Take Care of Emotional Health”. Details are as follow:

Date	22 nd March 2021 (Monday)
Time	3:00 p.m. to 3:45 p.m.
Content	a. Different emotional stages b. Emotional alarms (Body responses and mental states etc.) c. How to relieve our emotions? d. How to maintain our emotional health? e. How to take care of your child’s emotional health?
Remarks	1. The talk will be conducted via TEAMS. 2. Please log in TEAMS 10 minutes prior to the starting time.

If you have any enquiries, please contact Ms. HO Wai-han at 2577-3489.



(Ms. YU Hing-yin)
Headmistress



Reply Slip

Circular No. 31/20-21

Talk for Parents – Take Care of Emotional Health

(Please send your reply on/before 12.3.2021)

Date: _____

To: Headmistress,

I have read the School Circular No.31 dated 9th March 2021 and I fully understand its contents.

- * I will attend the Parents’ Talk on 22nd March 2021.
 I will NOT attend the Parents’ Talk.

Name of Pupil: _____ () Class P. _____

Parent/Guardian's name in BLOCK LETTERS: _____

Parent/Guardian's signature: _____

Parent’s/Guardian’s daytime contact telephone number: _____

* Please tick against your choice.

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Our Vision: Develop fully pupils’ potentials
Equip them with life-long learning skills
Help them integrate into local community
Develop a global outlook

Our Mission: It is our mission to provide a positive learning environment that enhances each child’s opportunity to learn and to develop through educational programme which recognizes the need for growth in moral, intellectual, physical, social and athletic skills, knowledge and attitude.